



KIDS & TEEN/TWEEN SUMMER YOGA CAMPS

- ◆ Yoga camp focuses on building confidence, cooperation, strength, and flexibility while inspiring fun, freedom, and relaxation.
- ◆ Each day will include plenty of yoga plus journaling, art, nutrition, good food, music, and fun.
- ◆ Each week will be different so kids and teens may enroll in as many sessions as they like.

SUMMER 2017

JUNE 19-23
JUNE 26-30
JULY 31-AUG 4

MONDAY-FRIDAY
1:00-4:00 PM

\$145 PER SESSION
(+ TAX = \$155.60)
\$10 DISCOUNT FOR
SIBLINGS AND MULTI-WEEK
REGISTRATION

AGES:
KIDS CAMP 5-11
TEEN/TWEEN CAMP
12-17

HIGH DESERT YOGA

4600 Copper Ave NE
Albuquerque, NM 87108

highdesertyoga.com

505-232-9642

