

*High Desert Yoga presents...*



# *Full Moon Kirtan*

*with The Bija Band*

The full moon is a potent time for intention setting, prayer and meditation. Kirtan is a chanting practice that invites all to join in, uniting our voices, our hearts and our collective intentions through the repetition of mantra. The mind is invited to surrender to the grace and radiance of the present moment.



Sunday Dec 3rd 2017

7:00-8:30 pm

High Desert Yoga

4600 Copper Ave NE

\$10 Suggested Donation

No one turned away for lack of funds